



FOR ACCESSIBILITY HELP, PLEASE CALL THE FOOD SERVICE OFFICE 516.277.7090

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
<i>Breads, Wraps, Rolls, Pizza Crusts &amp; Pastas are Whole Wheat (WW) or Whole Grain (WG)</i>	All meals served with vegetable, fruit AND choice of 100% fruit juice AND choice of fat free or 1% milk	Beef Nachos Fresh Salsa Shredded Cheese Seasoned Black Beans Assorted Toppings Fresh Fruit	<b>NYS Thursday</b> Meatball Parm Hero Sautéed Zucchini Fresh Fruit	Mac & Cheese Roasted Broccoli Fresh Fruit
<b>We Celebrate World Language Week with Foods from Around the World! March 6th—10th!</b>				
6	7	8	9	10
Chicken Fajita Bowl Peppers & Onions Brown Rice Seasoned Black Beans Fresh Fruit	Chicken Lo Mein Stir Fry Vegetables Vegetable Egg Roll Fresh Fruit	Chicken Souvlaki Marinated Chicken Peppers and Onions on a Warm Pita Tzatziki Sauce Greek Salad Fresh Fruit	Ramen Noodle Bowl Chicken Soup Choose Your Toppings Fresh Fruit	Personal Cheese Pizza Caesar Salad Fresh Fruit
13	14	15	16	17
Chicken Bites Warm Soft Pretzel Baked Tater Tots Roasted Broccoli Fresh Fruit	Hot Dog Bar Assorted Toppings Sweet Potato Tots Fresh Fruit	Homemade French Toast 100% Maple Syrup Breakfast Potatoes Turkey Sausage Links Fresh Fruit	<b>NYS Thursday</b> NYS Pasta & NYS Meatballs Roasted Broccoli Garlic Bread Fresh Fruit	<b>St. Patrick's Day Special</b>  Hot Corned Beef Smashed Potatoes Sautéed Cabbage Mini Irish Soda Bread Fresh Fruit
20	21	22	23	24
Mozzarella Cheese Bites Marinara Sauce Roasted Cauliflower Fresh Fruit	Baked Ziti Garlic Bread Sautéed Broccoli Fresh Fruit	NYS Hamburger or Cheeseburger Baked French Fries Assorted Toppings Fresh Fruit	Deli Bar Day Create Your Own Sandwich Boar's Head Deli Meats Assorted Toppings Coleslaw Fresh Fruit	Cheese or Chicken Quesadilla Seasoned Corn Salsa Cup Fresh Fruit
27	28	29	30	31
Crispy Chicken Caesar Wrap Baked Tater Tots Fresh Fruit	Grilled Cheese & Homemade Tomato Soup Sautéed Butternut Squash Fresh Fruit	Chicken Teriyaki Brown Rice Vegetable Egg Roll Seasoned Broccoli Fresh Fruit	Breaded Chicken Sandwich Chick Pea Salad Baked Potato Smiles Fresh Fruit	Pizza Bagel Garden Salad Fresh Fruit

**STUDENT MEAL PRICES**

**Hot Lunch \$ 4.00**  
**Deli/Grab n Go \$ 4.25**

*Daily Alternate Entrées*

- 
- Grab n Go Boar's Head Deli Sandwich*
- 
- Grab n Go Entrée Salad*
- 
- Sunbutter & Jelly Sandwich*
- 
- BAGEL LUNCH**
- Yogurt, Cheese Stick*
- Butter/Cream Cheese*
- Fruit and Vegetables*

**All of our Beef is local & Sustainably Raised (no GMO's) on a Family Farm in NYS without antibiotics or hormones.**

There are 3 easy ways to fund your child's account:

Go to [MySchoolBucks.com](https://www.myschoolbucks.com) to sign up on-line  
 Cash or Check  
 In a sealed envelope with your child's name and PIN.  
 Make check payable to NS School Lunch Fund.

**Questions?**  
**Call Food Service**  
**516-277-7090**

**SERVING NO HFCS (HIGH FRUCTOSE CORN SYRUP) TOMATO PRODUCTS**

This institution is an equal opportunity provider. Menus are subject to change. While the Food Service Dept. makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.

**DIETARY CONCERNS? CALL FOOD SERVICE**



## **SNACKS**

Apple Slices	\$ 1.00
Baked Lays	\$ 1.25
Cheese Stick	\$ 0.75
Cliff Kid Z Bars	\$ 1.90
Educational Cookies	\$ 1.00
Fresh Fruit, a la carte	\$ 1.00
Kettlecorn Popcorn	\$ 1.25
Kind Bars	\$ 2.25
Kind Chewy Granola Bar	\$ 2.00
Linden Cookies	\$ 1.00
Muffins	\$ 2.00
Pirates Booty	\$ 1.25
Pop Chips	\$ 1.50
Pop Corners	\$ 1.25
Raisins (all flavors)	\$ 1.00
Smartfood Popcorn	\$ 1.00
Sun Chips	\$ 0.75
Tortilla Chips	\$ 0.75
Yogurt Parfait	\$ 3.00
Yogurt 4 oz.	\$ 1.00

## **BEVERAGES**

## **STILL HUNGRY?**

Juice (4 oz.)	\$ 0.75
Milk	\$ 0.75
Apple & Eve 8 oz. 100% Fruit Juice	\$ 1.50
AHA Sparkling	\$ 1.50
Envy Sparkling	\$ 1.50
Hal's Seltzers	\$ 1.75
Hint Water	\$ 2.00
Snapple 100% Juice	\$ 1.50
Switch Sparkling	\$ 1.50
Water, Poland Spring (16oz)	\$ 1.25

There are 3 easy ways to fund your child's  
meal account:

1. On-Line go to [MySchoolBucks.com](http://MySchoolBucks.com)
2. Check note student name & PIN payable to "NS School Lunch Fund"
3. Cash (in an envelope with student name & PIN)