



NORTHSHORESCHOOLS

Discovering Your Dreams

MIDDLE SCHOOL BREAKFAST

FOR ACCESSIBILITY HELP PLEASE CALL THE FOOD SERVICE OFFICE 516.277.7090

BREAKFAST IS SERVED
AT 8:00AM

ONE COMPLETE BREAKFAST IS SERVED AT
NO CHARGE TO ALL STUDENTS.

ADULT BREAKFAST \$3.50 + TAX

WG Muffin

Apple Cinnamon
Banana
Blueberry or
Chocolate Chip

and

Fruit / 100% Fruit Juice

Milk
(1% or Skim)

Cold Cereal

Cinnamon Toast Crunch
Golden Grahams
or
Cinnamon Chex (GF)

and

Fruit/ 100% Fruit Juice

Milk
(1% or Skim)

This institution is an equal opportunity provider. Menus are subject to change.

While the Food Service Dept. makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.