

FOR ACCESSIBILITY HELP PLEASE CALL THE FOOD SERVICE OFFICE 516.277.7090

BREAKFAST IS SERVED FROM
7:30AM - 10:00AM

FULL BREAKFAST — PROTEIN, GRAIN, FRUIT
OR JUICE (APPLE OR ORANGE) &
CHOICE OF MILK (1% OR SKIM)

* DENOTES PREMIUM BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>EGG W/ CHEESE OR *BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*EGG & CHEESE W/ BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*SCRAMBLED EGG PLATE W/ BACON & TOAST</p> <p>BAGEL W/ CREAM CHEESE OR BUTTER</p> <p>BAGEL W/ MELTED CHEESE</p> <p>COLD CEREAL QUAKER OATMEAL BOWL</p> <p>*GRASSROOTS® MUFFIN OR SCONE</p> <p>*YOGURT BAR VANILLA YOGURT, FRUIT & GRANOLA CHOICE OF MILK (SKIM OR 1% - UNFLAVORED)</p> <p>FRESH FRUIT OR 100% JUICE (APPLE OR ORANGE)</p>	<p>EGG W/ CHEESE OR *BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*EGG & CHEESE W/ BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*SCRAMBLED EGG PLATE W/ BACON & TOAST</p> <p>BAGEL W/ CREAM CHEESE OR BUTTER</p> <p>BAGEL W/ MELTED CHEESE</p> <p>COLD CEREAL QUAKER OATMEAL BOWL</p> <p>*GRASSROOTS® MUFFIN OR SCONE</p> <p>*YOGURT BAR VANILLA YOGURT, FRUIT & GRANOLA CHOICE OF MILK (SKIM OR 1% - UNFLAVORED)</p> <p>FRESH FRUIT OR 100% JUICE (APPLE OR ORANGE)</p>	<p>EGG W/ CHEESE OR *BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*EGG & CHEESE W/ BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*SCRAMBLED EGG PLATE W/ BACON & TOAST</p> <p>BAGEL W/ CREAM CHEESE OR BUTTER</p> <p>BAGEL W/ MELTED CHEESE</p> <p>COLD CEREAL QUAKER OATMEAL BOWL</p> <p>*GRASSROOTS® MUFFIN OR SCONE</p> <p>*YOGURT BAR VANILLA YOGURT, FRUIT & GRANOLA CHOICE OF MILK (SKIM OR 1% - UNFLAVORED)</p> <p>FRESH FRUIT OR 100% JUICE (APPLE OR ORANGE)</p>	<p>EGG W/ CHEESE OR *BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*EGG & CHEESE W/ BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*SCRAMBLED EGG PLATE W/ BACON & TOAST</p> <p>BAGEL W/ CREAM CHEESE OR BUTTER</p> <p>BAGEL W/ MELTED CHEESE</p> <p>COLD CEREAL QUAKER OATMEAL BOWL</p> <p>*GRASSROOTS® MUFFIN OR SCONE</p> <p>*YOGURT BAR VANILLA YOGURT, FRUIT & GRANOLA CHOICE OF MILK (SKIM OR 1% - UNFLAVORED)</p> <p>FRESH FRUIT OR 100% JUICE (APPLE OR ORANGE)</p>	<p>EGG W/ CHEESE OR *BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*EGG & CHEESE W/ BACON ON WW BAGEL, WW WRAP OR ROLL</p> <p>*SCRAMBLED EGG PLATE W/ BACON & TOAST</p> <p>BAGEL W/ CREAM CHEESE OR BUTTER</p> <p>BAGEL W/ MELTED CHEESE</p> <p>COLD CEREAL QUAKER OATMEAL BOWL</p> <p>*GRASSROOTS® MUFFIN OR SCONE</p> <p>*YOGURT BAR VANILLA YOGURT, FRUIT & GRANOLA CHOICE OF MILK (SKIM OR 1% - UNFLAVORED)</p> <p>FRESH FRUIT OR 100% JUICE (APPLE OR ORANGE)</p>



**WELCOMING STUDENTS & STAFF
EVERY MORNING!
SERVING GRAB N' GO
A LA CARTE
COFFEES, TEAS, BAGELS,
GRASSROOTS® MUFFINS & SCONES
7:30AM - 10:00AM DAILY**

STUDENT BREAKFAST \$3.00
*STUDENT PREMIUM BREAKFAST \$3.25
REDUCED \$0.25
ADULT BREAKFAST \$3.50 + TAX
*ADULT PREMIUM BREAKFAST \$3.75 + TAX

QUESTIONS? CALL US @ 277.7090

SERVING NITRATE—FREE
APPLEGATE® BACON

While the Food Service Department makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.