

FOR ACCESSIBILITY HELP, PLEASE CALL THE FOOD SERVICE OFFICE 516.277.7090

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All of our Breads, Wraps, Rolls, Pizza Crusts & Pastas are Whole Wheat (WW) or Whole Grain (WG)</p>		<p><i>From the Ranch ...</i></p> <p><i>Natural, Antibiotic/ Hormone-Free, Local, NY State Beef is used for all Burgers, Tacos & Chili</i></p>		<p>1 Pizza Day!</p> <p>w. Marinara & Mozzarella</p> <p>Garden Salad w. Chickpeas & Tomatoes</p> <p>Fresh Fruit</p>
<p>4 Chicken Filet Sandwich</p> <p>Oven-Baked All White Meat Chicken on a Roll w. Lettuce & Tomato</p> <p>Oven-Baked Sweet Potatoes</p> <p>Fresh Fruit</p>	<p>5 Sausage & Pepper Hero</p> <p>Sausage w. Peppers & Onions</p> <p>Sautéed Green Beans</p> <p>Fresh Fruit</p>	<p>6 Mac n' Cheese</p> <p>WG Pasta & Cheddar</p> <p>Sautéed Broccoli</p> <p>Fresh Fruit</p>	<p>7 Chicken Bites</p> <p>Oven-Baked All White Meat Chicken</p> <p>Garlic Bread</p> <p>Roasted Carrots</p> <p>Fresh Fruit</p>	<p>8 <i>From the Ranch...</i></p> <p>Beef Taco - GF</p> <p>Soft Tortilla - OR</p> <p>Corn Tortilla - GF</p> <p>Brown Rice, Black Beans, Lettuce, Salsa, Cheese</p> <p>Sour Cream</p> <p>Sweet Plantains</p> <p>Fresh Fruit</p>
<p>11</p> <p>CHEF'S CHOICE</p> <p>LIMITED ALTERNATES & DELI</p> <p>NO SALAD BAR</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>
<p><i>Happy Summer! Happy Summer! Happy Summer!</i></p>				
		<p>Did you know...?</p> <p>LUNCH IS A MEAL!</p> <p>KIDS WHO TAKE SIDES, EAT FRUITS & VEGGIES WITH THEIR ENTRÉE, ARE MORE SATISFIED & HAVE MORE ENERGY TO GET THROUGH A BUSY DAY!</p>		

GF = GLUTEN FREE
INGREDIENTS/
OPTIONS

SERVING NO HFCS
(HIGH FRUCTOSE CORN SYRUP)
TOMATO PRODUCTS
PIZZA SAUCE, KETCHUP, SALSA

CONTACT YOUR PSA/PSO TO LEARN
ABOUT YOUR SCHOOL'S NUTRITION
COMMITTEE

While the Food Service Department makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.

BOAR'S HEAD® DELI BAR

DELI BAR STUDENT LUNCH
\$4.25
COMPLETE LUNCH W/
VEGETABLE-FRUIT &
CHOICE OF MILK

DAILY ALTERNATIVE
ENTREES

W/ VEGGIE SIDES

CHEF'S CHOICE OF PIZZA
AVAILABLE DAILY
THROUGH JUNE 11TH.

TUNA SALAD
ON WHOLE WHEAT

CHICKEN SALAD
ON WHOLE WHEAT

PEANUT BUTTER & JELLY
ON WHOLE WHEAT

SALAD BAR
TAKE THE SALAD BAR LUNCH
OR

GRAB SOME FRESH VEGGIES
W/ YOUR LUNCH!

CHOICE OF ORGANIC,
GLUTEN-FREE DRESSINGS
BALSAMIC, RANCH, CAESAR

COMPLETE HOT ENTRÉE
STUDENT LUNCH
\$4.00

INCLUDES: ENTRÉE,
VEGETABLE/FRUIT &
CHOICE OF MILK,
FRUIT JUICE AVAILABLE

ADULT LUNCH
ENTRÉE LUNCH \$4.50 + TAX
DELI BAR LUNCH \$5.00 + TAX

QUESTIONS? CALL US @ 277.7090